

## LITTLE DESIGN COMMUNITIES REBIRTHING JULY 2-11, 2018

We seven companions gathered at Galilee Centre in Arnprior, Ontario, to participate in the 7<sup>th</sup> session of Little Design Communities Rebirthing, co-facilitated by Monica Hartnett, SSJ and Rosemary O'Toole, CSJ.



*Patricia Moore (Ottawa), Ingrid Honore-Lallande CSJ (California), Rosemary O'Toole CSJ (Ottawa), Brenda Mercier-Roy, (Sherbrooke, Quebec), Monica Hartnett SSJ (London, U.K.), Maureen Shearon CSJ (London, ON), Margaret Keller CSJ (London, ON).*

### Personal highlights of our Little Design experience:

I feel being like the little Madawaska River flowing within the embrace of soul-searching women, moved by the Spirit of the Eucharist in the mighty Ottawa River. It will take each one of us to our final destiny like the Eucharistic Letter in due time. It will happen!

The writing of Father Medaille is as relevant today as the moment he penned it. These Little Design sessions have lavishly graced my longing for a mystical and practical spirituality for ordinary living.

Jean-Pierre Medaille's mystical spirituality is our mystical spirituality. Medaille encourages us in the Eucharistic Letter to become these mystic souls.

The experience has been a time to reaffirm a way to live as a community that is simple, ordinary and hidden.

During these 10 days I have come home. I have truly found myself in God and my purpose in life will continue to be more God-centered.

The grace for me in this 2018 experience was observing the *something new* happening where the two rivers meet just off the shores of Galilee Centre. The joining together of these two water systems, the mighty Ottawa and the little Madawaska, was less turbulent this year and there appeared some joyous energy at the *connecting* and becoming one flow. A metaphor to reflect the welcoming of these emerging Little Design communities wherever God calls them forth. Joy is the echo of God's life in us!

The genuine searching and desire to learn and understand the essence of Medaille's message to us was so powerful. All done in a loving, caring atmosphere. We learned so much from our deep sharing.

We thank the staff of Galilee Centre for their warm hospitality and service to us throughout these days. This oasis of peace supported the contemplative experience that we carry now into the world letting Love love through us.

*Grateful daughters of Medaille, Ingrid, Monica, Maureen, Patricia, Brenda, Margaret, Rosemary*