



GUIDED CONTEMPLATIVE RETREAT



**July 22 – July 26
2019**

Rosemary O'Toole CSJ

Kathleen O'Keefe CSJ

This 4 day retreat is ideal for someone seeking an extended period of time to be away from their usual routines and responsibilities to reflect on and deepen their relationship with God and self.

Simply, be still, be listening, be loving. Treat yourself to the experience of community in an unstructured atmosphere of shared silence and solitude, enjoying the mystery of God's beholding love for YOU.

Sr. Kathleen & Sr. Rosemary will be your spiritual guides throughout the retreat. Each morning we gather for silent contemplative prayer followed by a short spiritual conference. Daily spiritual direction available for those who wish. Eucharist will be celebrated at 4:15 p.m. and Adoration of the Blessed Sacrament every evening. We trust the interiority and communion that just happens in our contemplative retreats.

Cost: \$570.00

Limited to 16 retreatants. Book early!

Registration deposit now = \$200.00. Upon arrival on July 22 = \$370.00

Arrive on Monday, July 22 after lunch

Depart after lunch on Friday, July 26

REGISTER at Galilee Centre www.galileecentre.com
Mail cheque to: 398 John St., Arnprior, Ontario, Canada.
Contact Jerry at 613-623-4242 or info@galileecentre.com