

THE UPPER ROOM

FALL 2022

A HOME OF PRAYER

A SCHOOL OF PRAYER

A COMMUNITY OF PRAYER

REGISTER: Sr. Rosemary at upperroom@sympatico.ca

VISIT OUR [WEBSITE](#)



Contemplative Prayer: Adoration of the Blessed Sacrament

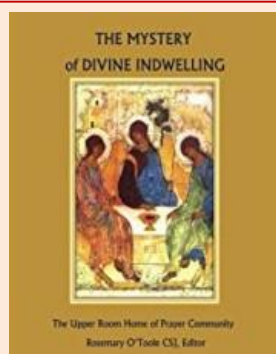
Dates: Every WEDNESDAY evening

Time: 7:30-8:00 p.m.

No fee. No register. Audio and video off throughout.

Join weekly or when you can.

Recurring Zoom link on our website.



Zoom Book Series: The Mystery Of Divine Indwelling:

Hosted by Daryl MacPherson, Fay Barber

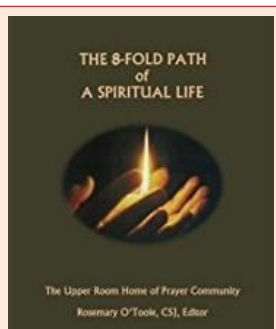
Co-hosts: Betty Ross, Dianne Lupinska, Karen Lahaise,
Sharron Doherty, Rosemary O'Toole CSJ.

Dates: 5 MONDAYS: September 12, 19, 26, October 3, 10.

Time: 7:30-8:30 p.m.

Fee: \$20.00 Payment by e-transfer at: etransfers@csjcanada.org

Purchase book on [amazon.ca](https://www.amazon.ca)



Day Retreat at 68 Centrepointe: Mindfulness of the Presence of God

Guided by Sarah Wayne and Karen Lahaise (Limited to 12 participants)

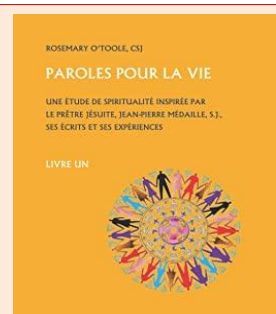
Date: SATURDAY, September 24

Time: 9:30 a.m. - 3:00 p.m.

Fee: \$45.00 includes lunch.

Payment by e-transfer at: etransfers@csjcanada.org

Purchase book on [amazon.ca](https://www.amazon.ca)



Zoom Conversations: PAROLES POUR LA VIE: LIVRE UN

Join a small group for bi-weekly Zoom conversations in French.

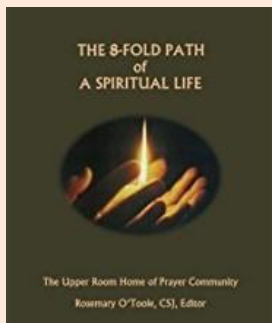
Hosted by Monique De Beats

Dates: 8 SATURDAYS: Sept. 10, 24; Oct. 8, 22; Nov. 5, 19; Dec. 3, 17

Time: 1:30-2:30 p.m.

Fee: \$20.00 Payment by e-transfer at: etransfers@csjcanada.org

Purchase book on [amazon.ca](https://www.amazon.ca)



[Day Retreat at 68 Centrepointe: Prayer](#)

Guided by Rosemary O'Toole CSJ (Limited to 12 participants)

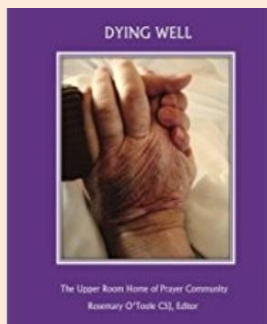
Date: SATURDAY, October 22

Time: 9:30 a.m. - 3:00 p.m.

Fee: \$45.00 includes lunch.

Payment by e-transfer at: etransfers@csjcanada.org

Purchase book on [amazon.ca](https://www.amazon.ca)



[Zoom Book Series: Dying Well](#)

Hosted by Monique De Baets and Margie Lauzon

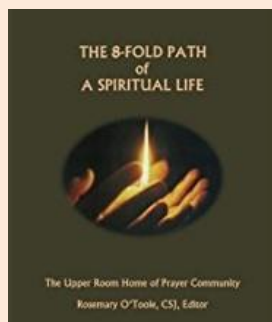
Co-hosts: Sharron Doherty, Dianne Lupinska, Sarah Wayne, Rosemary O'Toole

Dates: 5 MONDAYS: November 7,14,21,28, December 5

Time: 7:30-8:30 p.m.

Fee: \$20.00 Payment by e-transfer at: etransfers@csjcanada.org

Purchase book on [amazon.ca](https://www.amazon.ca)



[Day Retreat at 68 Centrepointe: Leisure](#) **ADVENT**

Guided by Barbara Graham (Limited to 12 participants)

Date: SATURDAY, November 26

Time: 9:30 a.m. - 3:00 p.m.

Fee: \$45.00 includes lunch.

Payment by e-transfer at: etransfers@csjcanada.org

Purchase book on [amazon.ca](https://www.amazon.ca)

JANUARY – MARCH 2023

LEARNING ALL ABOUT "THE LITTLE DESIGN" FOR NEWCOMERS AND ANIMATORS

10 SATURDAYS ON ZOOM

JANUARY 7 - MARCH 11

Rosemary O'Toole, CSJ

1:30 - 2:30 P.M.

COST \$25.00 CAD by [e-transfer](#)

PURCHASE [WORDS FOR LIFE: BOOK FOUR](#) ON AMAZON.