

WAITING—LONGING—HOPING—REJOICING

THE UPPER ROOM

ADVENT RETREAT

SATURDAY, NOVEMBER 29 10 A.M. - 3 P.M.

A TIME OF PREPARATION AND RENEWAL

A SEASON OF WAITING ...
OPENING OUR MINDS AND HEARTS TO GOD'S
GOOD PURPOSES FOR OUR LIVES

A TIME FOR REFLECTING ON OUR PRESENT LIFE EXPERIENCE AND OUR HOPE IN CHRIST

REGISTRATION FEE: \$75.00 includes served lunch and handout.

TO REGISTER: <u>upperroom@sympatico.ca</u> BEFORE November 22. Payment by cheque, cash or etransfers <u>etransfers@csjcanada.org</u>

PRESENTER: DARYL MACPHERSON. Daryl is an ordained minister (retired) with The Wesleyan Church of Canada. He is also a Spiritual Director with The Upper Room Home of Prayer and has led several Zoom retreats and teaching sessions about the spiritual life.

PLACE: The Upper Room Home of Prayer, 68 Centrepointe Drive, Ottawa.

PARKING: Hemmingwood Way, side street. Walk back to 68 Centrepointe.